



To Whom It May Concern,

My name is Kate Edmondson and I am the founder of Tend&Flourish, a mercantile that hosts studio and retail space for over 25 local, independently owned small businesses. I host weekly events to promote my tenants, showcase artwork, highlight non-profit organizations, and inspire wellness in the local community.

I recently organized an event for breast cancer survivors and needed a licensed therapist to facilitate a talk on mental barriers to healing. Heather Horton came recommended from several local business owners. I cannot thoroughly illustrate the heightened emotional atmosphere of this type of speaking engagement. It was immediately apparent to me that Heather has an innate gift of reading her audience. In a few moments, she shifted with ease from the projected role of professionally presenting therapeutic techniques to an intimate, let's get real approach that dissolved the tension in the room and led to an open conversation. The event was so well received, I have been contacted by the organization to plan more of these inspired conversations led by Heather.

I highly recommend Heather for motivational speaking and group facilitating. In this world of smoke and mirrors, she is the real deal. She has the ability to connect with people on every level, accept them where they are, and uncover what they need to create a platform for inspiring personal and group transformation.

With gratitude,

Kate Edmondson  
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